First Waves

DATA SHEET — FOUNDATIONAL

I = Independent, P = Prompted

Student: _____	Week: _____	Staff: _____

Required: Calm/Not Calm (I/P), Tool Selected, Tool Complete. **Recommended:** Breath (Y/N).

Date	Calm/Not Calm (I/P)	Tool Selected (B / H / S)	Tool Complete	Breath (Y/N)	Notes
Write I or P for Calm/Not Calm • B, H, or S for Tool • Y or N for others					

Tools: B = Break | H = Help | S = Squeeze
Tool Complete: Y = Completed without escalation | N = Did not complete